

BELL BLOCK SCHOOL CROSS COUNTRY

Parent Information

Date: Tuesday 25th August 2015 (Postponement day – TBA)

Time: 12.45 pm start

Venue: Mangati Walkway- Starting at the top bridge (Entries to the walkway from nearest to the start/finish area are off the ends of Antonio Pl or Sole Ave)

Age: 9-13 year olds – age as at **21st September, 2015** (this is because the Taranaki Champs are to be held on Sept 21st)
7-8 year olds - Age on day

Distance: 7-9 year olds 2 laps (approx. 2.4km)
10-13 year olds 3 laps (approx. 3.6km)

Event Order:	Laps	Approximate Start Time
7 year boys/girls	2 laps	(12:45pm)
12 year boys/girls	3 laps	(12:55pm)
10 year boys/girls	3 laps	(1:05pm)
8 year boys/girls	2 laps	(1:15pm)
Open Walk All ages together	1 lap	(1:25pm)
13 year boys/girls	3 laps	(1:35pm)
11 year boys/girls	3 laps	(1:45pm)
9 year boys/girls	2 laps	(1:55pm)

- Children can choose to either run or walk, not both.
- Children to sit by their age group sign when they arrive at the walkway.
- Children to go to the finish viewing area when their race is finished.
- Marshalls are all around the track – they will have fluoro vests on.
- Runners do not cross the bridges in their race. They all run full circuits.
- Shoes are recommended but not compulsory

Parents can view runners from anywhere on the course apart from the start/finish area.

Runners do not need assistance from their parents before their races.

We ask that common sense is used and runners are not blocked by spectators.

Important: To ensure student safety there will be a list at the finish table where parents will be asked to write down their child's name if they take them home early.

Cross Country Course

